

Green Bean

Saisonnality calendar

Origin	Transport	J	F	M	A	M	J	J	A	S	O	N	D
Senegal	By air												



Green beans, also called tenderloin beans, belong to the legume family. This vegetable, of which we consume the pod at the unripe stage, is rich in protein, vitamins A and C and in minerals Ca, Mg, P and K.

